



## October 2020 GoPA! newsletter!

Dear colleagues,

» We would like to thank you for actively contributing with GoPA!. We have been working very hard to get more Country Contacts and in the planning of the Second Set of Country Cards.

We want to update you on the Observatory progress and define next steps to our work.

## » 1) Second Set of Country Cards

Since 2019 we have worked to update our Country Cards and get them ready to be launched as the Second set of Country Cards 2020 and in the Second Physical Activity Almanac.

**As always, we have received outstanding support from our Country Contacts and currently we have more than 100 approved cards!**

We will continue working in the update until the end of this year and then we will prepare for our virtual launch.

More details will come soon! Stay tuned!

## » 2) Help us find Country Contacts for the Second Set of Country Cards

These are the countries where GoPA! is looking for representatives. If you have colleagues working in physical activity in any of these countries, please let us know!

<b>A</b>	Afghanistan Algeria Albania Andorra Antigua and Barbuda Aruba Armenia Azerbaijan	<b>L</b>	Latvia Lesotho Liberia Libya Liechtenstein
<b>B</b>	Bahamas, The Benin Belarus Bermuda Bosnia and Herzegovina Bulgaria Burundi Burkina Faso	<b>M</b>	Macedonia Madagascar Mali Mauritania Maldives Mauritius Monaco Mozambique Myanmar
<b>C</b>	Cabo Verde Cayman Islands Cambodia Central African Republic Chad Comoros Congo, Dem. Rep. Congo Rep. Curaçao Cyprus	<b>N</b>	Niger
<b>D</b>	Dominica	<b>P</b>	Philippines
<b>E</b>	Equatorial Guinea Eritrea	<b>Q</b>	Qatar
<b>G</b>	Gabon Gambia, The Georgia Greenland Grenada Guinea Guinea Bissau Guyana	<b>R</b>	Russia
<b>H</b>	Haiti	<b>S</b>	San Marino Sao Tome and Principe Saudi Arabia Sierra Leone Sint Maarten (Dutch part) Somalia South Sudan St. Lucia St. Martin (French part) St. Vincent and the Grenadines Sudan Swaziland Switzerland
<b>I</b>	Isle of Man	<b>T</b>	Tajikistan Timor-Leste Togo Tunisia Turkmenistan Turks and Caicos Islands
<b>J</b>	Jordan	<b>U</b>	Uzbekistan
<b>K</b>	Korea, Dem. People's Rep. Kosovo Kyrgyz Republic Kuwait	<b>Y</b>	Yemen, Rep.
		<b>Z</b>	Zambia

Please send an email with the name and email address of your colleague to:

[aravamd@gmail.com](mailto:aravamd@gmail.com)

## » 3) New GoPA! publications

## Paper I.

As you may know, as part of the Country Cards update, we organized teams to conduct data collection for each of the indicators. We have demographic data, surveillance, policy, research and sedentary behavior teams. Take a look at the first publication of the policy indicator team, congratulations!



Reference: Klepac Pogrmilovic, B., Ramirez Varela, A., Pratt, M. et al. National physical activity and sedentary behaviour policies in 76 countries: availability, comprehensiveness, implementation, and effectiveness. *Int J Behav Nutr Phys Act* 17, 116 (2020). <https://doi.org/10.1186/s12966-020-01022-6>

Shareable link: <https://rdcu.be/b8ymo>

We would like to introduce the leaders of this new paper!



Bojana Klepac

Is a Research Fellow in Health Policy at the Mitchell Institute, Victoria University, Melbourne, Australia. Her research is focused on public health policy and reducing health inequities. She holds a master's degree in political science and a master's degree in European studies. She is co-author of the "Comprehensive Analysis of Policy on Physical Activity" framework. Bojana was a lecturer in: Health policy and promotion; Growth, Development and Ageing; and Sustainability in Sport and Recreation at Victoria University. She was a media and policy consultant on various European Union-funded projects and programs. She is involved in several international and national research projects and is a researcher in the Global Observatory for Physical Activity – GoPA! network. In 2017, she received the Early Career Research Award at the HEPA Europe conference for her global systematic review on physical activity and sedentary behaviour policies.



Zeljko Pedisic

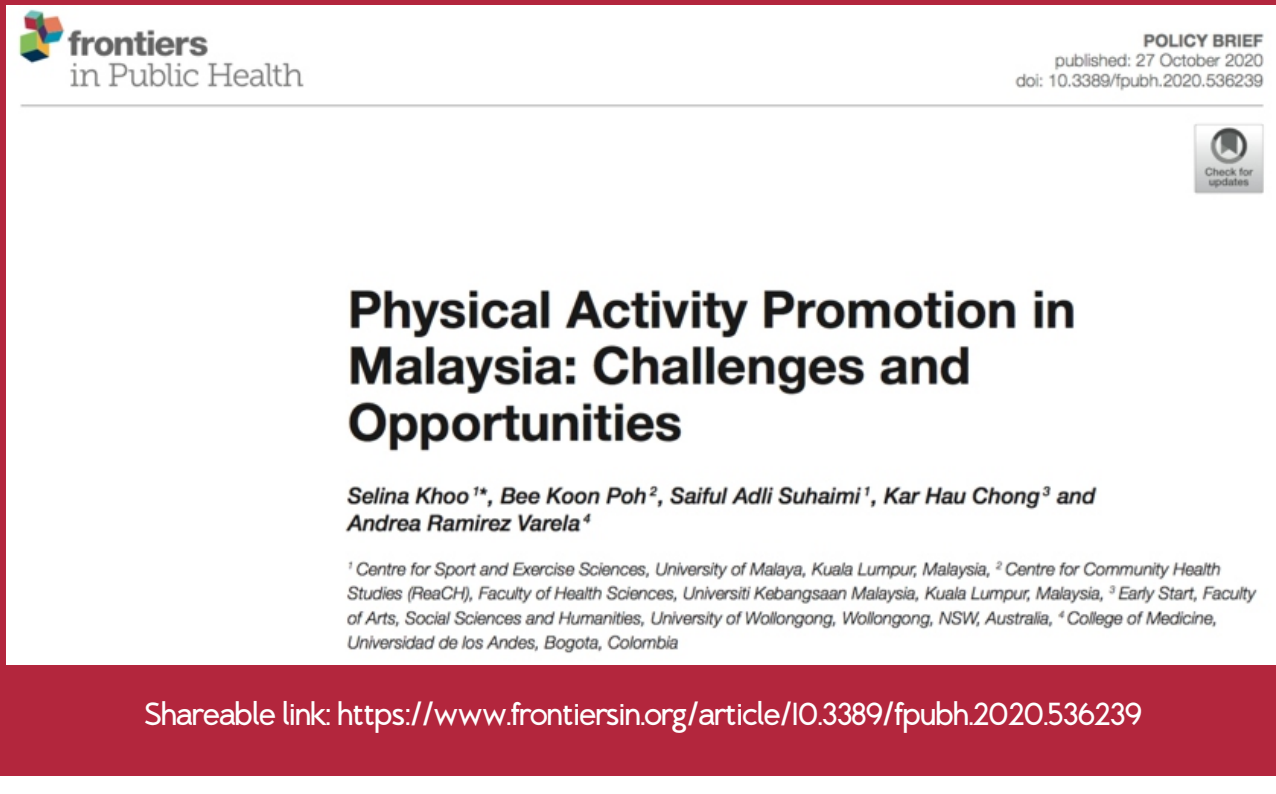
Is an Associate Professor of Public Health and leader of the Active Living & Public Health research group at the Institute for Health and Sport, Victoria University, Melbourne. His interests span: prevalence, determinants, and outcomes of unhealthy time use; public health surveillance, policies, and interventions; statistical methods in epidemiology; and measurement methods. He is one of the founders and Secretary of the International Network of Time-Use Epidemiologists (INTUE) and a researcher in the Global Observatory for Physical Activity – GoPA! network. He is the author of the "Activity Balance Model" (2014) and co-author of the "Viable Integrative Research in Time-Use Epidemiology (VIRTUE)" framework (2017) and the "Comprehensive Analysis of Policy on Physical Activity (CAPPA)" framework (2019). He received several academic awards; the most prestigious being National Prize for Young Scientists, Croatian Parliament, 2010 and Vice-Chancellor's Citation for Excellence in Research, Victoria University, 2018.

## Paper II.

Selina Koo our Country Contact for Malaysia just published the physical activity country profile! congratulations!

Take a look:

Physical Activity Promotion in Malaysia: Challenges and Opportunities




Shareable link: <https://www.frontiersin.org/article/10.3389/fpubh.2020.536239>

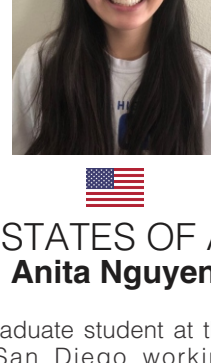
## » 4) Presenting New GoPA! Research Assistants


We would like to introduce two new research assistants working with the GoPA! Second Set of Country Cards.



 COLUMBIA  
Catalina del Portillo

Obtained her MD and MSc degrees from Universidad del Bosque and Universidad de los Andes, Bogotá Colombia in 2008 and 2020. Since December 2019, she is a research assistant at the Global Observatory for Physical Activity – GoPA!



 UNITED STATES OF AMERICA  
Anita Nguyen

Is an undergraduate student at the University of California, San Diego working towards a Bachelor's degree in molecular and cell biology. Currently, she also works as a pharmacy technician, planning on eventually pursuing a graduate degree and a career in the healthcare field. Since August 2020, she is a research assistant at the Global Observatory for Physical Activity – GoPA!

## » 5) Upcoming Events

## MONTENEGRO

I, Call for Montenegrin Journal of Sports Science and Medicine Editorial Board Members

The role of the Editorial Board (EB) is to act as an ambassador for the journal, working closely with the Editor in Chief and Associate Editors to promote the journal content and engage with the journal's reader and author community.

Please see MJSSM homepage (<http://www.mjssm.me/>) for more information and details of the journal's Focus & Scope.

## Submitting your Application

If you would like to apply for the position of an Editorial Board Member on the journal, please contact the Journal office including your CV and a brief covering letter detailing why you are a suitable candidate, to [office@mjssm.me](mailto:office@mjssm.me).

Your cover letter should be no longer than one page and should cover where you believe the research field is going (and the journal's place within it), as well as details of any previous relevant journal editorial and peer review management experience.

## CUBA

2.Cuba Motricidad 2020

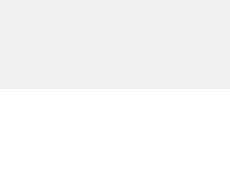
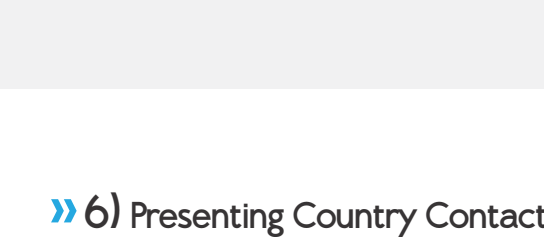
The "Manuel Fajardo" University of Physical Culture and Sports Sciences and the Ministry of Higher Education will host Cuba Motricidad event from December 4 to 5. The event aims to promote the exchange of experiences and research results related to Physical Activity and Sport, with conferences, presentations, and posters. Participants must register via web in the corresponding category prior to the start of the congress.

All papers must be submitted before November 15 to [cubamotricidad2020@gmail.com](mailto:cubamotricidad2020@gmail.com).

Dr. C Tania Hernández Echevarría, [taniahe69@gmail.com](mailto:taniahe69@gmail.com)

Dr. C. Gladys Bequer Díaz, [gbequerdiaz@gmail.com](mailto:gbequerdiaz@gmail.com)

For more information on guidelines for submissions, registration, and certificates for participating please visit [Cuba Motricidad Event Page](#)



## » 6) Presenting Country Contacts

In a special edition of this newsletter we will introduce the new 2020 Country Contacts along with the 2019 Country Contacts that have not been presented previously.

We are excited to have so many experts in the GoPA! network!

Stay tuned for the October special edition!

Thank you very much! We look forward to your comments

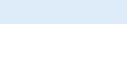
Lets improve physical activity worldwide!

Best regards,

Michael Pratt, MD, MSPE, MPH

Pedro C Hallal, PhD

On Behalf of the Global Observatory for Physical Activity Steering Committee



Global Observatory for Physical Activity

You can make a contribution to physical activity worldwide!  
Contact us: [physicalactivityobservatory@gmail.com](mailto:physicalactivityobservatory@gmail.com)

[www.globalphysicalactivityobservatory.com](http://www.globalphysicalactivityobservatory.com)

