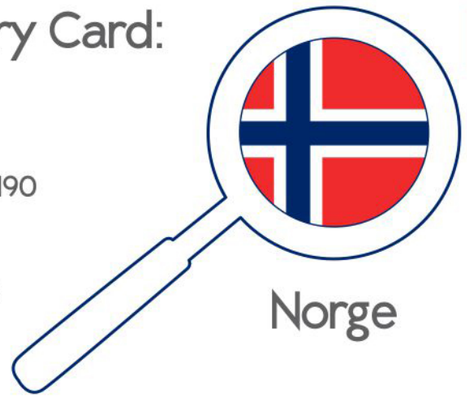
Norway Norway Norway Norway Norway Norway Norway Norway Norway Norway Norway Norway

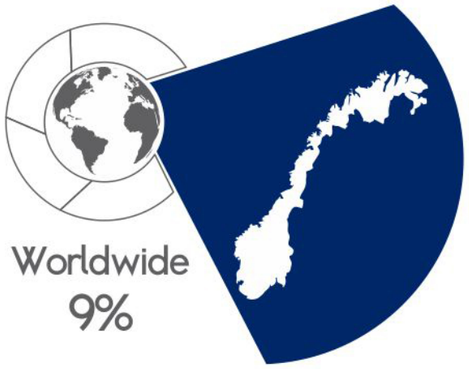
Physical Activity Country Card: Norway

Capital	Oslo
Inhabitants (2013)	5,084,190
Life expectancy (2012)	81
GINI inequality index (2008)	0.25
Human Development Index (2013)	0.944
Literacy rate	___
Deaths by non-communicable diseases	87%



Deaths related to physical inactivity

» 11.8% of all deaths in Norway are due to inactivity.



Surveillance and policy status

Physical activity plan

☑ Yes ☐ No

» Name:
The Action Plan on Physical Activity 2005-2009. Working Together for Physical Activity. 8-2-0005. Norwegian Ministry of Health and Care Services

National survey

☑ Yes
- ☑ First survey: 1997
- ☑ Most recent survey: 2009
- ☑ Next survey: 2015

☐ No

Prevalence of Physical Activity | Age 19+ years*

♂+♀	53%
♀	52%
♂	55%

* Dyrstad SM, et al. Med Sci Sports Exerc. 2014 Jan;46(1):99-106.

Research metrics (PubMed search in 2013)

- Articles related to Physical Activity and Public Health =44
- Number of active researchers =168
- Average connections (shared papers) among authors =7.6
- Articles per million people =8.654
- Researchers per million people =26.946
- Identified publishing groups =22

14th | Position in the Ranking

» Contribution of 2.09% to physical activity research worldwide in 2013.

For description of the indicators and data sources: www.globalphysicalactivityobservatory.com/appendix

Icons by Freepik

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ISPAH International Society for Physical Activity and Health

Global Observatory for Physical Activity GoPA